## TEACH ONE REACH ONE

## Tips for Raising Empowered Kids

1

Meet the basic needs of your kids - especially for love and attention.

2

Teach your kids God is all-powerful and in control - even when it doesn't seem like it.

3

Help your kids memorize scriptures to remind them God is with them.

4

Teach your kids how to analyze their problems. They need to name the parts of the problem they can control, the parts they can't control and every option they have to do something to help solve the problem.

5

After something bad happens, allow your kids some time to feel their negative emotions. As time passes, help them move away from those emotions to gratitude and forgiveness.



Teach your kids to start by assuming the other person did not mean to hurt or upset them.



Teach your kids to use kind words to state their boundaries and to express their emotions. They should never try to get revenge or use ugly words to express what they feel or want.



Help your kids learn how to love their enemies.

## **Bible Verses to Share with Your Kids:**

Psalm 28:7 • Proverbs 3:5-6 • Ephesians 6:10 • Matthew 19:26

Philippians 4:13 • 2 Timothy 1:7

Ephesians 3:20 • Galatians 5:22-23

For more great resources, visit www.teachonereachone.org

