



## A Day in the Life Worksheet

Have volunteers complete this activity before serving. How do they think the people they will be serving live their lives? Encourage volunteers to observe and ask respectful questions during the service project. As a reflection activity, have volunteers compare their initial perceptions to their observations.

1. What do they see, hear, and smell when they first wake up in the morning?
2. What is their daily schedule?
3. What is their favorite activity?
4. What worries them?
5. What makes them happy?
6. How do they feel about God?
7. What do they wish would change?
8. What one thing would make the most positive difference in their lives?
9. About what do they pray?
10. What do they see, hear, and smell when they look out their bedroom window at night?